

# Welcome!

# \*\*PLEASE READ\*\*

Be sure to check in at registration on the 3rd floor of the hotel upon arrival.

Welcome to UCYPAA 2019 "We Do Not Regret The Past"! We are glad you are here. The committee would like to take this opportunity to congratulate you on your commitment to your sobriety, and to ask that you please practice respect and humility this weekend: toward each other, toward the venue and toward other guests around you. A few ground rules:

- Dispose of ALL cigarette butts and trash in the proper receptacles (not fire pits). There are several butt cans in the campground.
- Quiet fime in the campground is 10pm. We do not expect you to be silent, but please keep noise to a minimum so fellow campers can sleep.
- Please observe all rules and instructions from hotel and campground staff.
- Leave all areas (hotel, campground, and park/trail) cleaner than you found them.

And one more rule: have fun! Meet new people and if you are bored or anxious, ask a committee member how you can be of service. Thank you and have a great conference!

# Schedule FRIDAY

8p Finn A

10p 11p+

First Conf (Campfire mtg)

& Games

# SATURDAY

9a 10a

8a

1p

11a 12p Yoga (Campfire mtg) Meditation 101

Step 1

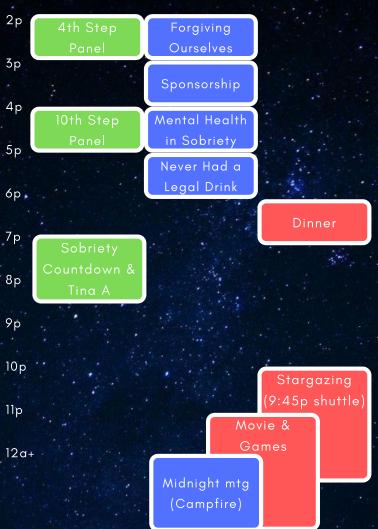
Guides to

Honesty

Progress
Challenges in

Hiking (9:45 shuttle)

# **SATURDAY**



### **SUNDAY**

11a

Meditation
(Campfire mtg)

9a

UCY2020
Advisory mtg



- Speakers and panels will be in the Service Room (large hall, 1st floor)
- Marathon meetings will be in the Recovery Room (3rd floor), unless otherwise noted (Campfire meetings at Group Site #9)
  - Activities will be in the Unity Room (3rd floor), and conference shuttles\* to the park will leave from the main hotel entrance

\*Make sure you hop in one of our cars so you won't have to pay to get into the park.

1st floor - Service Room 3rd floor - Recovery & Hospitality, Merch Unity Rooms, Registration,

Best Western

Plus Ruby's Inn

Bryce Canyon Shuttle

rs Inn RV Park

Canyon Diner

# Main Speakers

Friday 8p

## FINN A.

Tucson, AZ; 3/22/18

Finn's story is a true roller coaster. Growing up in the South Side of Chicago, he landed in AA at 15 years old. After picking up an 18 month chip, he went back out and racked up 9 felonies in 6 months. 15 months later he is working a model program. You won't want to miss his story

Saturday 7:30p

## TINA A.

Los Angeles, CA; 10/10/84

A hopeless case, life burned to the ground, Tina experienced a moment of grace when she got sober at 20. Having found a life beyond her wildest dreams, she has been carrying the message around the country and world for over a decade as a circuit speaker.

Sunday Spiritual Speaker 10a

## WADE J. Salt Lake City, UT; 12/13/99

Wade's story can be summed up in 4 words: sweet smell of freedom. He got sober while incarcerated and has since discovered both literal and spiritual freedom through the program of AA. He is also the Immediate Past Delegate for Area 69 (state of Utah).

# Panels & Workshops

Friday 10p

# FOR CONFERENCE VIRGINS

Taylor H (6/29/15)

First conference? No sweat! Join UCYPAA's former chair around the campfire as he imparts his wisdom on getting the most out of the weekend.

Saturday 12:30p

#### CONCEPTS WORKSHOP

Shelley A (2/3/14) David R (4/15/92) Lisa C (4/14/13) John W (1<u>/24/1</u>990)

Service junkies unite! Dive deep on AA's 12 Concepts

for World Service.

Saturday 2p

#### DON'T BE SAD IT'S OVER, BE GLAD IT HAPPENED

Alex F (7/19/07) Rich W (7/3/10) Abi C. (10/26/10)

A how-to on Steps 4-9. Three stories of AAers reconciling their past regrets.

Saturday 4p

#### DARING GREATLY: HOW MISTAKES BECOME ASSETS

Andrew B (11/26/07) Kadin H (3/31/10)

Mary Ella C (2/7/16)

Even in recovery, we alcoholics have our share of regrettable moments. Panelists discuss their programs of recovery through the 10th Step.

# Marathon Meetings

TIME	TOPIC	CHAIR
Saturday		
9am	(Campfire) Upon Awakening:	Jonathan H.
	Meditate Like You Mean It	
10am	Nothing But The Truth:	Josh M.
	Practicing Honesty	
llam	Step 1:	Jake S.
	Mischief Managed	
12pm	The 12 Steps: A Guide To	Brian C.
	Being Guided	
lpm	Difficult, Difficult,	Gibson G.
	Lemon Difficult: Sober Challeng	es
2pm	Inappropriate Use Of A Whip:	Dick P.
	Forgiving Ourselves	
3pm	Stuntin' Like My Sponsor:	Maxwell L.
	Working With Others	
4pm	We're All Here bc We're Not Al	// Alex K.
	There: Mental Health & Sobries	ty
5pm	Kids These Days: Never Had a Legal Drink	Owen G.
12a	(Campfire) Midnight Meeting	UCYPAA

(Campfire) Spiritual Hangover

Meditation

Mark N.

Sun 8a

# Activities

Friday 11p; Saturday 11p

# **MOVIES & GAMES**

Join us in the Unity and Recovery rooms, respectively, for a late night hangout! We'll be watching My Name is Bill W. on Friday and both Don't Worry He Won't Get Far On Foot and One Crazy Summer on Saturday. And of course, we'll be getting to know each other throough some Mafia and Love Thy Neighbor!

Saturday 10:30a (9:45a shuttle)

#### HIKING

Get in touch with the Great OutDoors on the morning hike. There will be two groups: One going from Inspiration Point to Queen's Garden (2.8 mi) and the other from Wall Street to Queen's Garden with the Peekaboo Loop (6.3 mi). Choose wisely, and bring water and sunscreen!

Saturday 10:30p (9:45p shuttle)

## **STARGAZING**

Don't miss this opportunity! The National Astronomy Festival just happens to be in Bryce Canyon NP this weekend, and we will be getting up close and personal with some celestial bodies!

# About UCYPAA WHAT EVEN IS THIS?

Young People's Groups in Alcoholics Anonymous began appearing around 1945 and can now be found all over the world. In a 1969 letter, Bill Wilson wrote "... in recent years I have found nothing for greater inspiration than the knowledge that A.A. of tomorrow will be safe, and certainly magnificent, in the keeping of you who are the younger generation of A.A. today."

The three legacies of AA -- Recovery, Unity, and Service -- are the backbone of YPAA. Newcomers are shown, by people their own age, that using AA principles in their daily lives and getting involved in AA service can have a significant impact on a lasting and comfortable sobriety.

The first UCYPAA was held in 1983, hosted on a rotating basis by cities throughout the state. This year's host committee, SaLTYPAA (Salt Lake Territory); also hosted in 2018. Our next goal is to host WACYPAA, the Western Area Conference. Join us at WAC23 in Los Angeles on January 3–5, 2020 as we bid to host the 2021 conference!

\*\*If your area is interested in hosting UCY2020, come to the Advisory meeting! (Sun 9am)\*\*

